



## Spirit Led Growth Group Studies



### Series Summary

The Holy Spirit is present in our lives and our awareness of his activity increases our response to Jesus. Often we don't pay attention to the Holy Spirit but he is present in our lives and it is important that we notice where he is working and respond to his leadership. The aim of the

sermons within this series is to teach us that the Holy Spirit helps us to SEE, HEAR, SHOW and KNOW Jesus.

The focus of these studies is to explore how the Holy Spirit helps us LIVE LIKE Jesus.

This 8 week study focuses on Galatians 5:15-26, where Paul contrasts the acts of the flesh with the fruits of the spirit. Each week there is a application challenge and we encourage your groups to keep each other in accountable in these challenges, so we can 'keep in step with the spirit' (Galatians 5:26)

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. (Galatians 5:22-23)*

Date	Topic	leader
Jan 8-12	How the Holy Spirit gives us freedom in Jesus	
Jan 15-19	How the Holy Spirit teaches us to love like Jesus	
Jan 22-26	How the Holy Spirit gives us joy & peace like Jesus	
Jan 29- Feb 2	How the Holy Spirit teaches us patience like Jesus	
Feb 5-9	How the Holy Spirit teaches us kindness like Jesus	
Feb 12- 16	How the Holy Spirit teaches us goodness like Jesus	
Feb 19-23	How the Holy Spirit teaches us faithfulness like Jesus	
Feb 25- Mar 2	How the Holy Spirit teaches us gentleness & self-control like Jesus	

**Jan 8-12**

## **How the Holy Spirit gives us freedom in Jesus**

**Optional Warm-up question:** If you could live anywhere, where would you live?

**Read** Galatians 5:13-26

### **Discuss**

1. Why is our freedom in Christ correlated to loving our neighbour (Gal 5:13-14)?
2. What is the difference between being led by the Spirit and being led by the law (Gal. 5:18)?
3. Why do you think Paul describes the outcomes of the flesh as 'works' and the outcomes of the spirit as 'fruit' (Gal 5:19-22)?
4. What do you think Paul meant when he said 'against such things there is no law' (Gal 5:23)?
5. **Application:** Share a habit, addiction or practice that you would like Jesus to give you freedom from.

**Prayer:** Pray for each other in the areas you have shared.

**Jan 15-19**

## **The Holy Spirit teaches us to love like Jesus**

**Optional Warm-up question:** Which would you rather do: wash dishes, cut the lawn, clean the bathroom, or mop the house?

**Review:** The habit, addiction or practice that each of you shared last week that you would like Jesus to give you freedom from.

**Read** Philippians 2:1-8. In this passage Paul teaches us what it means to love like Jesus.

### **Discuss**

1. What type of love is demonstrated by Jesus in this passage?
2. Why do you think love is listed as the first fruit of the Spirit (Gal.5:22)? How do all the rest stem from love?
3. In what ways is Christ's love for you different than or similar to your love for other people?
4. How can we let the Holy Spirit love through us?
5. **Application:** Share 3 opportunities to demonstrate God's love to those around you this week.

**Prayer:** Pray for each other for the opportunities you have shared.

**Jan 22-26**

## **The Holy Spirit gives us joy & peace like Jesus**

**Optional warm-up question** : Aside from necessities, what one thing could you not go a day without?

**Review:** Share your experience of how you demonstrated God's love over the last week.

**Read:** Philippians 4: 1-9

### **Discuss**

1. What comes to your mind when you hear the word joy? What comes to mind when you hear the word peace?
2. What's the difference between joy and peace that comes from God and happiness that comes from circumstances? Should we be happy if we are joyous?
3. How can we make sure our joy and peace is rooted in God and not in our circumstances?
4. How is thinking about the things listed in Phil 4:8-9 related to having peace?
5. **Application:** Tell the group one thing that might change in your life if you put Jesus first, others second, and yourself last. How might that change bring you more joy and peace than you have now?

**Prayer:** Pray for peace and joy in circumstances in the coming week.

**Jan 29- Feb 2**

## **How the Holy Spirit teaches us patience like Jesus**

**Optional Warm-up Question:** If you could only eat one meal for the rest of your life, what would it be?

**Review :** Review the one thing you each shared last week that might change if you put Jesus first.

### **Read 1 Timothy 1:15-16 and Colossians 1:11**

1. Would you describe yourself as a patient or impatient person?
2. According to the passage, what is God's attitude toward those who don't believe in him? What should our attitude be?
3. How can we show to other people the type of patience Jesus shows to us?
4. How can the Holy Spirit make us more patient? How can we obtain his help? ( refer to Colossians 1:11)
5. **Application:** List one practical ways you can demonstrate patience this week.

**Prayer:** Pray that the Holy Spirit would strengthen you to show patience this week.

Feb 5-9

## **How the Holy Spirit teaches us kindness like Jesus**

**Optional Warm-up Question:** If you had one million dollars to spend in a day, what would you spend it on?

**Review:** Share the practical demonstration of patience you have practiced over the last week.

### **Read Ephesians 4:29-32**

1. What is the kindest thing anyone has ever done for you? Why was that kindness so powerful to you?
2. What is “unwholesome talk” (vs 29)? What are examples of helpful talk, that benefits those who listen?
3. What do you think it means to ‘grieve the spirit’?
4. How is getting rid of the things listed in vs 31 associated with showing kindness?
5. **Application:** Name one area that you would like to be kinder in. Or share with the group on what you can do to show kindness to someone this week.

**Prayer:** Ask for the spirit to strengthen and guide you in showing kindness this week.

Feb 12- 16

## **How the Holy Spirit teaches us goodness like Jesus**

**Optional Warm-up Question:** what are some small things that make your day better?

**Review:** Review the area you shared last week where you would like to be kinder.

### **Read Romans 12:9-21**

1. How do you determine if someone is good? How can we know God is good?
2. How can we allow God to transform us into good people (refer to Romans 12:2)?
3. What does it mean to hate evil and cling to what is good? Give practical examples of goodness mentioned in the passage.
4. What does it mean to “do what is right in the eyes of everyone”, is this different from pleasing everyone?
5. **Application:** Share one opportunity you will take this week to demonstrate Gods goodness this week in your home or workplace?

**Prayer:** Pray for God to transform us through the renewing of our minds, so we can do good acts.

Feb 19-23

## **How the Holy Spirit teaches us faithfulness like Jesus**

**Optional Warm-up Question:** what is the best and worst advice you've ever received?

**Review:** Share about the opportunity you took last week to demonstrate Gods goodness this week in your home or workplace

### **Read Matthew 23:23**

1. We see Jesus wanted justice, mercy, and faithfulness from the Pharisees. What did they do instead?
2. Why was Jesus not happy about their giving, although it seemed faithful? What does this passage teach us about what it means to be faithful?

Read 3 John 1:1-8

3. How was Gaius's faithfulness different than that of the Pharisees?
4. What exactly was Gaius being faithful in?
5. **Application:** Share one act of 'walking in truth' you would like to be more faithful in.

**Prayer:** Pray for God's direction as you seek to be faithful to walk in truth.

**Feb 25- Mar 2**

**How the Holy Spirit teaches us gentleness & self-control like Jesus**

**Optional Warm-up Question:** What personality trait do you value most and which do you dislike the most?

**Review:** Review the one act of 'walking in truth' you would like to be more faithful in.

**Read Philippians 2:3-11 and Galatians 5:16-21**

1. What is gentleness and meekness? Are they the same or different?
2. What does this passage highlight about Jesus' attitude and character?
3. Think of someone whom you think has a great deal of self-control. What is that person like? Is their self-control human or from the Holy Spirit? How can you tell? What difference does it make
4. What are the two warring factors Paul describes in Galatians 5:16-21? How does the Holy Spirit keep us from gratifying the desires of the sinful nature?
5. **Application:** Have you wronged anyone recently by failing to be gentle with them? If so, share what will you do to make that relationship better and to display gentleness and self-control now.

**Prayer:** Pray that God will continue to grow the fruit of the Spirit in our lives.